

FEBRUARY FLYER

FEB 2021
ISSUE #3

"To represent Candor's student body with effective collaboration, communication, and cooperation to achieve student goals"
-Candor Student Council Mission Statement



A Moment of Love

BY: SANCHITA CHOPRA, IB-1, RED HOUSE CAPTAIN

Imagine this: a large pile of books and stationery scattered across the table, no free time, and a mind occupied by academic stress. Does that sound all too familiar?

It is normal to allow our academics to encroach our space, occupy our time and, a lovely little (read: large) room in our minds. We often forget to spend time with ourselves, our friends, and of course, our families! As exam season approaches, I hope you manage your time well and finish all your work. Trust me; you'll be a lot more relaxed once the exams start.*

That said, February is the month of love. So, I do wish that all of you show some love to yourselves before the exams commence. Whether it be pampering yourself on a Sunday afternoon or having a light-hearted conversation with a friend, please take care of yourself!

Self-care is essential, and if you regularly tend to yourself, your productivity and concentration at school will only improve! Some things that I find help me are yoga or even an energizing workout after a long day of school. As long as the activity leaves you feeling happy and excited to take on the day, you will do great!

On a concluding note, I hope you find a self-care activity that sparks your joy and all the best for the exams!

THE TOTAL HOUSE POINTS

House	Points
Green	959
Yellow	872.5
Red	749
Blue	714.5

RESULTS OF PAST EVENTS

Bunny Jump Challenge

Anoushka Ghosh, IB-2

Basketball Free throw

Akash Kote, IB-2

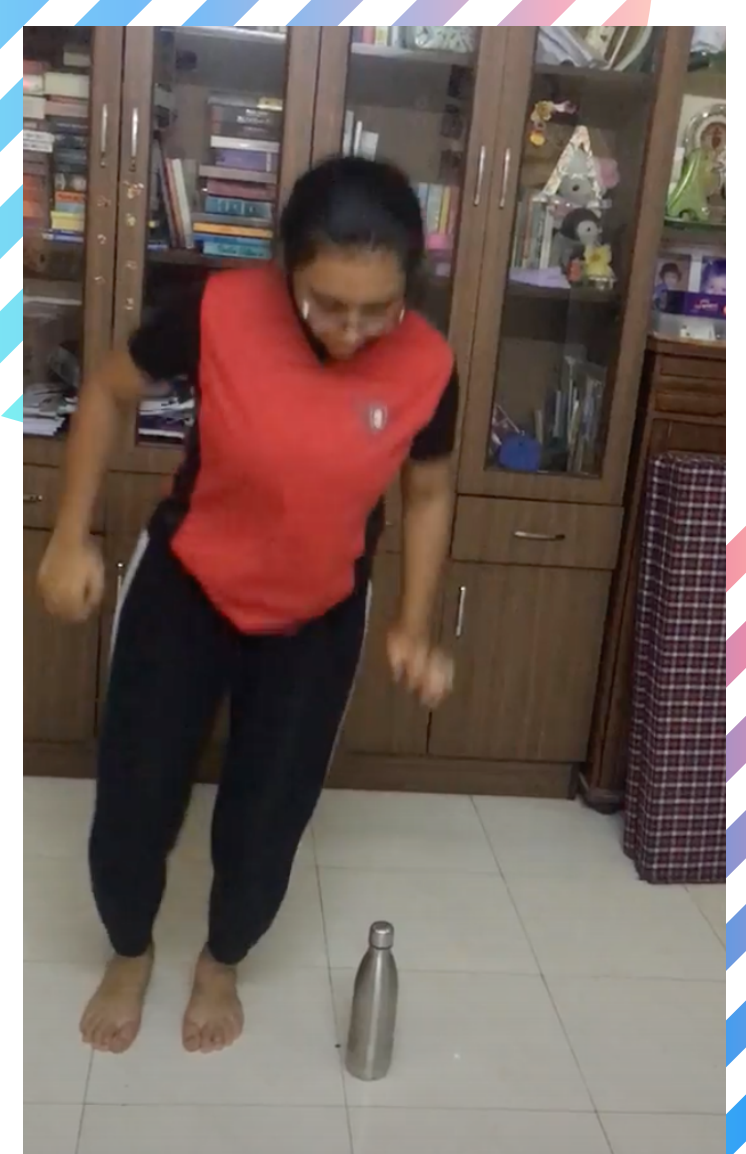
Ping Pong Juggle

Manav Shalom Nanoo, G6

Writers' Utopia

Shivansh Raina, G6

Ishaan Romil, G10



ELEVATE 2021: A Success!

BY: MR. KALPESH, SPORTS HOD

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At Candor International School we recently celebrated our 1st annual virtual sports and cultural fest- "**ELEVATE 2021**" for Grades 6-8 and PYP. Students participated online and it was great fun!

There were events in multiple categories including drama, music, art, dance, and of course sports for students to exhibit their various talents. We are so proud of our beloved students here. We are quite satisfied with the increased participation from the students. We are honoured to have our students engage in friendly and healthy competition. Thank you all for making ELEVATE 2020-2021 a grand success!

Upcoming Event!

MENTAL HEALTH WEBINAR

In association with the Fortis School Mental Health Program, students get to attend engaging webinars by clinical psychologists! Learn how to manage your stress and your time!

February 15th, 11:15AM-12:15PM

G6-7: **Young Stress Managers**

G8-9: **Empowering self through responsible use of social media**

February 22nd, 11:15AM-12:15PM

G 10-12: **Study and Exam Skills**

Fortis School Mental Health Program & Candor Student Council present:

ENGAGING WEBINARS BY CLINICAL PSYCHOLOGIST AKANSHA PANDEY AND COUNSELING PSYCHOLOGIST PRATIBHA MALHOTRA THAT WILL ENRICH YOUR MIND AND HELP YOU GROW

FEBRUARY 15TH

11:15 AM TO 12:15PM

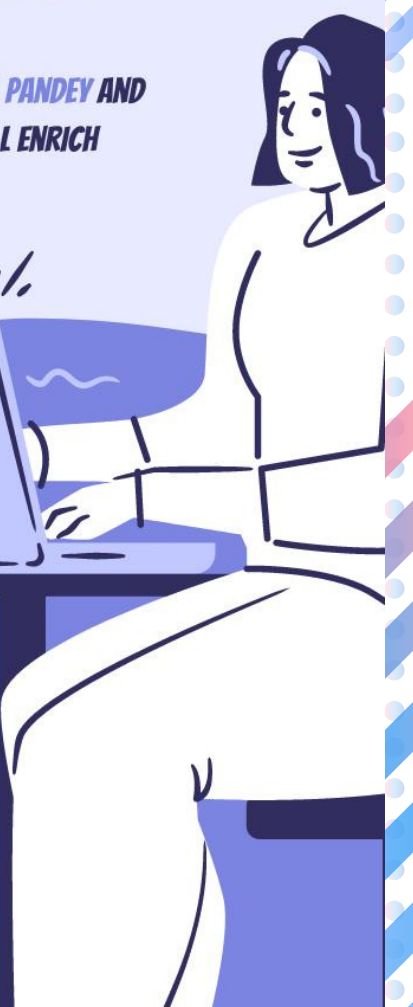
GRADE 6&7 - YOUNG STRESS MANAGERS

GRADE 8&9 - EMPOWERING SELF THROUGH RESPONSIBLE USE OF SOCIAL MEDIA

FEBRUARY 22ND

11:15AM TO 12:15PM

GRADE 10,11,12 - STUDY AND EXAM SKILLS



Each **interactive** session is specifically *designed* for students in different stages of learning, so make sure you attend!
The link will be sent prior to the event through email.

IF YOU HAVE ANY IDEAS FOR FUTURE EVENTS, PLEASE LET US KNOW ON OUR EMAIL ID OR INSTAGRAM!

Email ID: **studentcouncil@candorschool.com**

Instagram: **@candor_student_council_2021**